

Your  
Nutrition Education  
Starts Here



wichealth.org



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wichealth.org



# TO GET STARTED

## 1. Visit [www.wichealth.org](http://www.wichealth.org)

## 2. First Time to Visit [wichealth.org](http://www.wichealth.org)?

Click "Sign Up" to create your account.



## 3. Enter Your Information

**Agency:**

**State:**

**Clinic:**

**WIC ID:**

## 4. Setup Your Account

Your username, password and security questions are case and space sensitive. Save your answers for future reference.

**Username:**

**Password:**



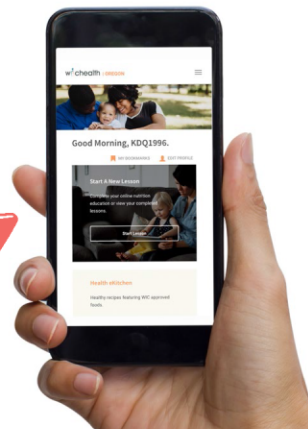
Your email address is optional, but it is recommended. Once you register, you will receive a welcome email. Be sure to click the link to verify your email address.

## 5. Tell Us About Your Family

By completing your profile, you will receive a more personalized experience on wichealth.org.

## 6. Explore wichealth

Take the worry out of mealtime with nutrition education and WIC recipes your kids will love.



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This institution is an equal opportunity provider.

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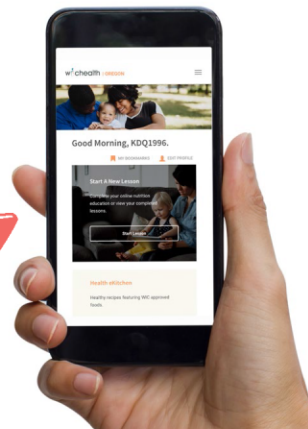
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